

1	COURSE	CREDITS	COMPLETE
	<b>ENG 110:</b> Expository Writing (Required Common Core: English Composition) ★	3	<input type="checkbox"/>
	<b>MAT 120:</b> Intro to Probability & Statistics (Required Common Core: Mathematical & Quantitative Reasoning) ★	3	<input type="checkbox"/>
	<b>BIO 110/BIO 111, or BIO 210 or BIO 230 or ENV 110/ENV 111</b> (Required Common Core: Life and Physical Sciences) ★	4	<input type="checkbox"/>
	<b>FS 101: Food Studies I</b> 🏆 ★	3	<input type="checkbox"/>
	<b>CHOOSE 1 (ONE) COURSE:</b> See Notes* 🏆	3	<input type="checkbox"/>
<b>SUB-TOTAL</b>		<b>16</b>	

2	COURSE	CREDIT	COMPLETE
	<b>ENG 111:</b> Literature and Composition (Required Common Core: English Composition) ★	3	<input type="checkbox"/>
	🔍 <b>FLEXIBLE COMMON CORE: US EXPERIENCE IN ITS DIVERSITY</b>	3	<input type="checkbox"/>
	🔍 <b>FLEXIBLE COMMON CORE: SCIENTIFIC WORLD</b>	4	<input type="checkbox"/>
	🔍 <b>FLEXIBLE COMMON CORE: WORLD CULTURES &amp; GLOBAL ISSUES</b>	3	<input type="checkbox"/>
	<b>FS 120: Food Studies II</b> 🏆 ★	3	<input type="checkbox"/>
<b>SUB-TOTAL</b>		<b>16</b>	

3	COURSE	CREDITS	COMPLETE
	<b>FS 200:</b> Food, Policy and Advocacy 🏆 ★	3	<input type="checkbox"/>
	🔍 <b>FLEXIBLE COMMON CORE: INDIVIDUAL &amp; SOCIETY</b>	3	<input type="checkbox"/>
	🔍 <b>FLEXIBLE COMMON CORE: CREATIVE EXPRESSION</b>	3	<input type="checkbox"/>
	🔍 <b>ONE (1) ADDITIONAL FLEXIBLE CORE COURSE</b>	3	<input type="checkbox"/>
	<b>CHOOSE 1 (ONE) COURSE:</b> See Notes* 🏆 ★	3	<input type="checkbox"/>
<b>SUB-TOTAL</b>		<b>15</b>	

4	COURSE	CREDITS	COMPLETE
	<b>FS 220: Food, Health and Environment</b> 🏆	3	<input type="checkbox"/>
	<b>FS 230: Food Studies Capstone</b> (paired with an internship) 🏆	3	<input type="checkbox"/>
	<b>FS 225: Food Studies Career Practices</b> 🏆	3	<input type="checkbox"/>
	<b>FREE ELECTIVES:</b> Any Course(s)	0-3	<input type="checkbox"/>
	<b>CHOOSE 1 (ONE) COURSE:</b> See Notes* 🏆	3	<input type="checkbox"/>
<b>SUB-TOTAL</b>		<b>12-15</b>	

**TOTAL CREDITS 60**

**MAJOR REQUIREMENT**

**MILESTONE**

MILESTONES ARE COURSES THAT MUST BE TAKEN IN SEQUENTIAL ORDER

**TWO WRITING INTENSIVE COURSES REQUIRED FOR GRADUATION**

**15 CREDITS PER SEMESTER**

GRADUATE ON TIME, SAVE MONEY & START YOUR CAREER!

**EXCELSIOR SCHOLARSHIP**

COVERS FULL TUITION  
MUST EARN 30 CREDITS PER YEAR

[www.hostos.cuny.edu/excelior](http://www.hostos.cuny.edu/excelior)

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**CAREER COACH**

CAREER COACH IS AN ONLINE TOOL THAT HELPS STUDENTS EXPLORE MAJORS AND IN-DEMAND CAREERS

[www.hostos.cuny.edu/careercoach](http://www.hostos.cuny.edu/careercoach)

**DEGREE AUDIT**

TO VIEW FULL DEGREE MAP ONLINE, SCAN QR CODE BELOW:

[degreeworks.cuny.edu](http://degreeworks.cuny.edu)

**NOTES**

\*BIO 270, BLS 150, FS 130, HLT 110 (MILESTONE IF COMPLETING HLT 220), HLT 215, HLT 220, HLT 225.

STUDENTS WHO EARN A CULINARY ARTS & FOOD PROTECTION CERTIFICATE WITH HOSTOS' DIVISION OF CONTINUING EDUCATION AND WORKFORCE DEVELOPMENT (CEWD) ARE ELIGIBLE FOR COLLEGE CREDITS FOR FS 225.

You've **FINISHED!** 🎓