

Instructional Staff Retiree Contact Sheet

New York City Health Benefits Program

Summary Plan Description: http://www.nyc.gov/html/olr/html/health/prog_info.shtml

Rate sheet: http://www.nyc.gov/html/olr/downloads/pdf/healthb/emp_rates.pdf

Health Plans: Customer service telephone numbers are listed in the 2001 *New York City Health Benefits Program: Summary Program Description Booklet* and on your health plan's identification card. Many health plans have developed **web sites that allow members to: obtain listings of plan physicians, submit a change of address, customer service inquiries,** and to get more information about the health plan. You should visit your health plan's web site at the location listed below.

Aetna U.S. Health Care HMO and QPOS	http://www.aetna.com	800-445-8742
Empire HMO and EPO	http://www.empireblue.com	800-767-8672
Cigna HealthCare	http://www.cigna.com	800-832-3211
GHI/CBP (medical)	http://www.ghi.com	212-501-4444
Blue Cross Blue Shield (hospitalization)	http://www.ghi.com	877-244-4466
GHI/HMO	http://www.ghi.com	877-244-4466
HIP HMO and POS	http://www.hipusa.com	800-447-8255
Vytra HMO	http://www.vytra.com	800-406-0806

Health Plans (Medicare) Web Site

Aetna U.S. Healthcare	http://www.aetnaushc.com
AVMED	http://12.8.1813/avmedc/
BlueChoice Senior Plan	http://www.empirehealthcare.com
Blue CrossBlue Shield HealthOptions	http://www.empirehealthcare.com
Empire BlueChoice Medicare Supplement	http://www.empirehealthcare.com
Cigna HealthCare	http://www.cigna.com
Elderplan	http://www.elderplan.org/seniorinfo.dir.html
GHI Senior Care	http://www.ghi.com
HIP VIP Medicare	http://www.hipusa.com
NYLCare Medicare	http://www.nylcare.com
Oxford Medicare Advantage	http://www.oxhp.com
PCA Health Plans of Florida	Not Available
PHS Smart Choice	http://www.phshmo.com
United Healthcare of Florida	http://www.unitedhealthcare.com
Vytra Medicare	http://www.vytra.com
Wellcare Senior Health	http://www.wellcare.com

Retiree Health Plan Administration

New York City Employee Benefits Program
40 Rector Street
New York, New York 10006
(212) 5130470 (Between 10 and 4)

Retirement Plans

New York City Employees' Retirement System (ERS or NYCERS)

335 Adams Street - Suite 2300
Brooklyn, NY 11201
212-513-0470 (retirees only) or 347-643-3000
<http://www.nycers.org/>

Saving Plans (TDA)

Metropolitan Life Insurance

100 Jericho Quadrangle, Suite #332
Jericho, NY 11753
Hostos Representative – Ludi Fort – Tel: 914-345-8233 Fax: 914-345-9325

457 New York State Deferred Compensation Program

Bina Kumar
Account Executive
1-800-422-8463 ext. 44329
www.nysdcp.com

Union/Welfare Fund

DC37
125 Barclay St.
NY, NY 10007
P# 212-815-1234
<http://www.dc37.net/>

Prescription/Dental/Optical

Contact your local welfare fund directly 212-815-1234

Voluntary Insurance Program (For DC37 only)

Winston Financial Services
P.O. Box- A Bay Head,
NJ 08742 18003476071

- Catastrophic Insurance
- Life Insurance
- Long Term Disability Insurance
- Cancer Insurance

Express Script

For Injectable and Chemotherapy Drugs (PICA)
1-800-467-2006
http://www.nyc.gov/html/olr/html/health/pica_prog.shtml

MetLife Long Term Care (administered by the City of NY)
866-414-7076

Municipal Credit Union

2 Lafayette Street
New York, NY 10007
<http://www.nymcu.org>

College Savings Plan

877 NYSAVES

<http://nysaves.uui.upromise.com>

Representative: Ginger Romero Pardlo: 347-320-1688 Fax: 718-443-8064

Savings Bonds

1-800-426-9314

Transit Benefit

Administered by JP Morgan/Chase (Please Do not call Chase Banking Branches) Transit Benefit 24

Hour Customer Service: 1-888-606-7058

Transit Benefit Website: <https://www.myaccount.chase.com>

CUNY Work/Life Program

1-800-833-8707

www.cuny.edu/worklife