

**Thursday January 15th**  
**The Savoy Multi-Purpose Room**

**Breakfast**  
**9:00-9:30**

**Barbara Rivera Berger**  
**Mindfulness**  
**and**  
**Meditation**  
**9:30-10:15**



**Dorothy Doppstadt-**  
**Effective**  
**Communications**  
**for Leaders**  
**Speak to Me Not at Me**  
**10:15-12:15**



**Working Lunch**  
**Volunteering**  
**Information**  
**Session**  
**12:15-1:00**



**Shmuel Gerber**  
**Many Voices,**  
**One Group**  
**(Robert's Rules of Order)**  
**1:00-3:00**



**Suemanda Pompey**  
**The Etiquette**  
**Guide**  
**for**  
**Dining**  
**with**  
**Confidence**  
**3:00-5:00**



**Martin Luther King, Jr. National Holiday**  
**Week of Service Effort**

**Wednesday, January 21st**

**Thursday, January 22nd**

**11:00 am-3:00 pm**

**New York Common Pantry**

**8 East 109th Street | New York, New York**

**Work in pantry packing room**

**Friday, January 23**

**Saturday, January 24**

**8:00 am-11:00 am**

**Second Chance Christian Center Food Pantry**

**1141 Fteley Ave, Bronx, New York**

**Pack bags for distribution/Distribute Bags**

**The Leadership Academy**  
**Certificate Ceremony**  
**will take place on May 21st, 2015**

**Winter Workshop Committee:**

**Angelica Herrera De Leon, Yunerys Liriano,**  
**Ariane Misreelal, Stephanie Benitez,**  
**Dayana Gonzalez, Joseph Urbina, Dario Peralta,**  
**Walter Velas. Inrich Timamo, Carlos Bibiloni**

**Special Thanks to:**

**The Office of Student Activities:**

**Jerry Rosa**  
**Rhonda Smith**  
**Judy Benitez**  
**Johanna Gomez, Dean of Students**  
**Linda Nieves**  
**Jason Libfeld**

**Student Leadership Coordinator**

**For more information, please visit:**

**Hostos Student Leadership Academy Office**  
**Room C-392**

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**StudentLeadershipAcademy@hostos.cuny.edu**

**Hostos Community College**

**The Hostos**  
**Student**  
**Leadership**  
**Academy**

**Student Ambassadors**  
**S.O.S. Team**  
**Emerging Leaders Program**  
**Hostos Athletic Leaders**  
**Organization (HALO)**  
**Volunteer Corps**

**Seventh Annual**  
**Leadership**  
**Academy**  
**Winter Workshop**  
**Series**  
**2015**

**Division for Student Development**  
**and Enrollment Management**  
**Nathaniel Cruz**  
**Vice President For SDEM**



## Hostos Student Leadership Academy Winter Workshops 2015

**Monday, January 12th**

**The Savoy Multi-Purpose Room**

**Breakfast**

**9:00-9:30**

**Merel Julia and Joan Shangold**

**Taoist Tai Chi Society (Part 1)**

**Introduction to Taoist Tai Chi**

**9:30-10:15**

**Arel Moodie**

**The Art of Likability  
for Leaders**

**10:15-12:15**

**Working Lunch**

**Scholarship**

**Information Session**

**12:15-1:00**

**Fabian Wander**

**Jessica Lappe  
Healthy Eating =  
Healthy Brains**

**1:00-2:00**

**Katina Kalin**

**Power, Passion and  
Persuasion  
(Learning to become  
a more effective  
and dynamic speaker)**

**2:00-4:00**

**Charles Uwa**

**Time Management  
For Successful Leaders**

**4:00-5:00**



**Tuesday, January 13th**

**The Savoy Multi-Purpose Room**

**Breakfast**

**9:00-9:30**

**David Goldberg**

**Taoist Tai Chi Society**

**Introduction to Taoist Tai Chi (Part 2)**

**9:30-10:15**

**Lawrese Brown**

**Decision Making,  
Grit and Goal Setting**

**10:15-12:15**

**Working Lunch**

**Networking**

**Information**

**Session**

**12:15-1:00**

**Ivonne Ibelli**

**Lisanette Rosario**

**Angela Ho**

**America Needs You  
America Needs You  
Fellowship Program  
Orientation**

**1:00-2:00**

**Christina Marin**

**If We Can See It...**

**Then We Can Be It:**

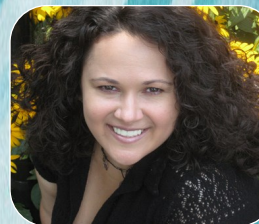
**An**

**Image Theatre  
Workshop**

**on the  
Manifestation  
of**

**Leadership**

**2:00-5:00**



**Wednesday, January 14th**

**The Savoy Multi-Purpose Room**

**Breakfast**

**9:00-9:30**

**Oren Fader**

**Taoist Tai Chi Society**

**Introduction to Taoist Tai Chi (Part 3)**

**9:30-10:15**

**Philip Caban**

**Personal**

**Sustainability**

**in Leadership**

**Development**

**10:15-12:15**

**Working Lunch**

**Mentoring**

**Information**

**Session**

**12:15-1:00**

**Nancy Sanchez**

**Rhoda Tamakloe**

**Kaplan Educational  
Foundation**

**Kaplan Leadership**

**Program**

**1:00-2:00**

**Shawn Dove**

**The Seven C's**

**of Deep End**

**Leadership**

**2:00-4:00**

**Oyamiwa Walker**

**Tribal Funk/  
Relaxation**

**Therapy for the Soul**

**4:00-5:00**

