Aging & Health Studies

- The purpose of the Aging & Health Studies Program at Hostos Community College is to prepare students for careers that involve working with older adults. Qualified professionals can work in such settings as: senior citizen centers, health-related and skilled nursing facilities, and home health care agencies.

- The Aging & Health Studies Program awards the Associate in Applied Science (A.A.S.) degree. Students who would like to further their education may then apply their courses at a four-year institution in a program of gerontology, social work, physical or recreation therapy, etc.

- The Aging & Health Studies Program is interdisciplinary in nature and will draw upon faculty expertise from different departments within the College. Individual courses are therefore listed throughout this catalog under the various disciplines.

- Students who are interested in planning a concentration in the field of Aging & Health Studies should consult the Aging & Health Studies Coordinator for further information.

General Education Requirements

ENG 110 Expository Writing .................................3.0
ENG 111 Literature and Composition .......................3.0
English elective course above ENG 111 ........................3-4

OR

One course in a Foreign Language

PSY 101 General Psychology ..................................3.0
PSY 180 Psychology of Aging ................................3.0
SOC 101 Introduction to Sociology ...........................3.0
SW 101 Introduction to Social Work ..........................3.0

OR

PPA 121 Social Service Administration ......................3.0
BLS 150 Ethnicity Health and Illness .........................3.0

OR

LAC 118 Caribbean Society & Culture .......................3.0
MAT 20 Elementary Algebra or Higher
level Mathematics ...........................................2-3
BIO 110 Principles of Biology ................................4.0

AND

BIO 130 Organismic Biology ..................................4.0

OR

BIO 230 Anatomy and Physiology I ..........................4.0

AND

BIO 240 Anatomy and Physiology II ..........................4.0
PED 100 Physical Fitness .....................................1.0
PED elective ...................................................1.0
Major Requirements
GERO 101 .............................. Introduction to Gerontology ......................... 3.0
GERO 102 .............................. Physical Education & Recreation
                                for the Aging ........................................ 3.0
GERO 103 .............................. Health & Aging ........................................ 3.0
GERO 199 .............................. Fieldwork with Older Population ............ 3.0
HLT 103 .............................. Interpersonal Relations and Teamwork ....... 3.0
HLT 215 .............................. Nutrition ......................................................... 3.0
Free electives .......................... ................................................................... 4-6
Total Credits.......................... ........................................................................ 60.0