

1	COURSE		CREDITS COMPLETED
	ENG 110: Expository Writing (Required Common Core: English Composition)	★	3 <input type="checkbox"/>
	HLT 103: Interpersonal Relations & Teamwork	🏅	3 <input type="checkbox"/>
	MAT 100 OR HIGHER: Intro to College Mathematics I OR Higher (Required Common Core: Mathematical and Quantitative Reasoning)	★	4 <input type="checkbox"/>
	GERO 101: Introduction to Gerontology	🏅 ★	3 <input type="checkbox"/>
	PED ELECTIVE	🏅	3 <input type="checkbox"/>
SUB-TOTAL			13
2	COURSE		CREDITS COMPLETED
	ENG 111: Literature & Composition (Required Common Core: English Composition)	★	3 <input type="checkbox"/>
	PSY 101: General Psychology (Flexible Common Core: Individual and Society)	★	3 <input type="checkbox"/>
	BIO 110/111 OR BIO 230: Principles of Biology (with lab) or Anatomy and Physiology I (Flexible Common Core: Life & Physical Sciences)	★	4 <input type="checkbox"/>
	GERO 102: Therapeutic Recreation in Long Term Care	🏅 ★	3 <input type="checkbox"/>
	FREE ELECTIVES: Any Course(s)		3 <input type="checkbox"/>
SUB-TOTAL			16
GET AHEAD! TAKE CLASSES DURING THE SUMMER			
3	COURSE		CREDITS COMPLETED
	GERO 103: Health & Aging	🏅	4 <input type="checkbox"/>
	SOC 101: Introduction to Sociology (Flexible Common Core: Individual and Society)		3 <input type="checkbox"/>
	BIO 130/131 OR BIO 240: Organismic Biology (with lab); Anatomy and Physiology II (Flexible Common Core: Scientific World)		4 <input type="checkbox"/>
	ENGLISH ELECTIVE ABOVE 200 OR FOREIGN LANGUAGE: ENG 203, ENG 204, ENG 210, ENG 212, ENG 214, ENG 221 Ex. FRE, ITA, SPA (Flexible Common Core: Choose the English Elective from Creative Expressions or US Experience in Its Diversity)		3 <input type="checkbox"/>
	LAC 118 OR BLS 150: Caribbean Society & Culture or Ethnicity, Health and Illness	🏅	3 <input type="checkbox"/>
SUB-TOTAL			16
4	COURSE		CREDITS COMPLETED
	GERO 299: Fieldwork with Older Population	🏅	3 <input type="checkbox"/>
	HLT 215: Nutrition	🏅	3 <input type="checkbox"/>
	PSY 180: Psychology of Aging	🏅	3 <input type="checkbox"/>
	PPA 121 OR SW 101: Social Services Administration OR Introduction to Social Work	🏅	3 <input type="checkbox"/>
	FREE ELECTIVES: Any Course(s)		3 <input type="checkbox"/>
SUB-TOTAL			15
SUB-TOTAL			60

MAJOR REQUIREMENT

MILESTONE

MILESTONES ARE COURSES THAT MUST BE TAKEN IN SEQUENTIAL ORDER

TWO WRITING INTENSIVE COURSES REQUIRED FOR GRADUATION

15 CREDITS PER SEMESTER

GRADUATE ON TIME, SAVE MONEY & START YOUR CAREER!

EXCELSIOR SCHOLARSHIP

COVERS FULL TUITION
MUST EARN 30 CREDITS PER YEAR

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CAREER COACH

CAREER COACH IS AN ONLINE TOOL THAT HELPS STUDENTS EXPLORE MAJORS AND IN-DEMAND CAREERS

www.hostos.cuny.edu/careercoach

DEGREE AUDIT

TO VIEW FULL DEGREE MAP ONLINE, SCAN QR CODE BELOW:

degreeworks.cuny.edu



You've **FINISHED**

TOTAL CREDITS 60