### **REMEMBER:**

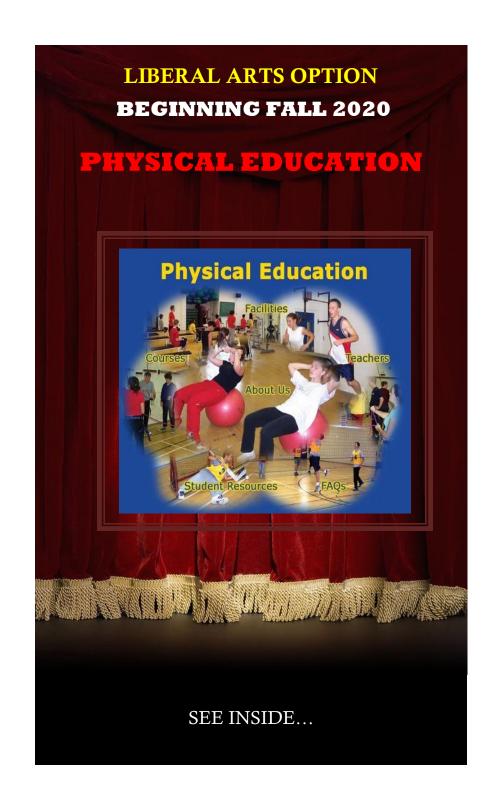
RESEARCH SHOWS THAT THOSE WHO ARE SUCCESSFUL AT AN ACTIVITY AND **ENJOY** IT ARE MORE LIKELY TO CONTINUE IT!!



# FOR MORE INFORMATION

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## WHAT PED COURSES ARE OFFERED? 1-CREDIT:

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•	Beginning	Swim	mıno
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- Karate
- Black & Puerto Rican Dance
- Beginning Volleyball
- Yoga
- Personal Fitness
- Weight Training

# 3-credit classes

- PED 201 Foundations of Physical Education, Exercise Science, and Sport
- PED 202 Motor Learning

### WHEN ARE THE COURSES OFFERED?

- DAYS
- EVENINGS
- WEEKENDS

# PHYS. ED. OPTION

#### How it works:

- TWO tracks:
- Physical Education Teacher (Public, Private)
- Physical Science (Physical Therapy Ass't)

#### STUDENTS IN EACH OPTION TAKE

PED 201 Foundations of Phys. Ed. (Writing Intensive)

PED 202 Motor Learning (Prereq: PED 201/BIO 140)

PED 100 Personal Fitness PLUS 1 or 2 addt'1 classes

### THEY ALSO TAKE:

#### **DEPENDING ON THE OPTION**

• EDU 101 Foundations of Education

or

• An additional Biology class

