



FIRST YEAR Experience

the SEMESTER GUIDE

Curating your Experience at Hostos
SPRING 2022

Welcome students! This is your guide to the Hostos First Year Experience events, workshops, and services offered throughout the Academic Semester 2022 designed to introduce you to all that Hostos has to offer and connect you with the people and services you need to get off to a great start. **Stay Connected!**

Thursday
January 13th
3pm

CUNYFirst and Email with Rosemary Batista

[Zoom Meeting ID: 853 0319 4586](#) Password: 939800

Learn how to access your email and familiarize yourself with CUNYFirst, an important tool you will be using while at Hostos.

Thursday
January 20th
1-3pm

Welcome to Hostos!

[Zoom Meeting ID: 840 5831 6535](#)

1:00 p.m. Welcome to Hostos!

Welcome to all new students. Dr. Daisy Cocco De Filippis, President, Dr. Charles Drago, Acting Provost & Vice President for Academic Affairs, will greet and address all students.

1:15 p.m. Succeed at Hostos: College Life and your Personal Journey

Dr. Diana Cruz, Academic Advisor, will lead you into a conversation to help you develop tools for success in college.

1:40 p.m. Covid-19 Guidelines

Ms. Ursula Sanders, Wellness Specialist, will discuss guidelines for what you need to do for in-person and online classes at Hostos.

2:00 p.m. Closing the Loop: Understanding your Financial Aid

Ms. Toya Pigford, Financial Aid Advisor & Mr. Eric Rodriguez, Academic Advisor will offer guidance and insight into your financial aid package.

2:30 p.m. Studying Remotely and Borrowing Equipment

Ms. Rosemary Batista, CLIP Coordinator, will walk you through the process of borrowing computers and other equipment.

2:45 p.m. Closing and Q & A

Tuesday
January 25th
1pm

Degree Works & Succeed@Hostos with Sarah Brennan and Cesar Garrido

[Meeting ID: 820 3032 9876](#)

Track your program of study and stay connected with advisors and faculty, who will show you what courses you need for your degree, and how many credits you have earned, and how to reach out to your advisors.

January 25th
5pm

CUNYFirst and Blackboard with Jomayra Peña

[Meeting ID: 819 6750 6156](#) [Passcode: 533695](#)

A hands-on workshop to get you ready for your classes. Meet with advisors who will show you how to find and select courses, look at your grades and financial aid package, and so much more.

Wednesday
January 26th
11am

CUNYFirst and Blackboard with Cesar Garrido

[Meeting ID: 822 3088 4501](#)

January 26th
5pm

Degree Works & Succeed@Hostos with Jennifer Reynoso

[Meeting ID: 898 4175 9312](#) [Passcode: 591660](#)

Thursday
January 27th
1pm & 5pm

Introducing Your Academic Support Network

January 27th @1pm [Zoom Meeting ID: 817 9913 4010](#)

January 27th @5pm [Zoom Meeting ID: 813 868 20468](#)

Meet counselors, librarians, and tutors from Hostos' academic support services and learn how to take advantage of all Hostos has to offer to help you succeed in classes and beyond. At this event you will meet Lisa Tappeiner, the Collection Development Librarian at Hostos.

Writing Center

Counseling

Library - with Lisa Tappeiner

Accessibility Resource Center (ARC)

Hostos Academic Learning Center (HALC) - with Erica Monje

Thursday
February 17th
2pm

Research your Career Options/ Liberal Arts Program with Berkis Cruz-Eusebio and Dr. Linda Hirsch

&

February 17th @2pm [Zoom Meeting ID: 861 433 03412](#)

Wednesday
February 23rd
5pm

February 23th @5pm [Zoom Meeting ID: 835 698 10725](#)

Learn where to find information to strategically conduct your Career Research. This session will equip you with new resources and digital technology tools for an effective search.

You will also get valuable information regarding the Liberal Arts Program including facts about degrees, and how these degrees can lead to various career options.

This session will last 90 minutes, including a post session Q&A.

Wednesday
March 9th
1pm & 5pm

Grow with Google - Info Session

with Hostos Career Services lead by Yvonne Rosario-Quiroz

March 9th @1pm [Zoom link here](#)

March 9th @5pm [Zoom link here](#)

In this info session you will learn more about the *Grow With Google* program, how it can help you and where to apply!

The Grow with Google Career Readiness Program is comprised of interactive learning modules that will help students build both, the digital and practical skills they need to acquire and thrive in internships or post-college jobs. The curriculum includes lessons on resume writing, interview techniques, and how to succeed in a new job. It teaches and reinforces professional skills through projects that deliver tangible outcomes, such as a resume or cover letter. Each student will earn a **certificate** when completing a module.

First 100 students to complete a module get a **prize!**

[Click here to learn more!](#)

Thursday
February 17th
11am

The Fellows Program - Info Session with Hostos Career Services

Friday
February 25th
12pm

February 17th @11am [Zoom link here](#)

February 25th @12:00pm [Zoom link here](#)

Wednesday
March 16th
3:30pm

March 16th @3:30pm [Zoom link here](#)

March 25th @12:00pm [Zoom link here](#)

Friday
March 25th
12pm

March 30th @10am [Zoom link here](#)

Wednesday
March 30th
10am

The Fellows Program helps high-achieving, first-generation college students succeed in college and their careers.

PROGRAM BENEFITS

- One-on-One Mentorship: Individualized support from a successful professional
- Career Development: 28 intensive workshops over a two-year period
- Holistic Support: Counseling and academic support, up to \$2,000 in grants
- Access to Robust Professional Networks: Diverse professionals and internship/job opportunities

[APPLICATION DEADLINE April 1, 2022](#)

For more information contact:

Career Services Office

Division of Continuing Education and Workforce Development

vrquiroz@hostos.cuny.edu or agonzalez@hostos.cuny.edu

Wednesday
March 16th
1pm & 5pm

Story2 Workshops

With Yvonne Rosario-Quiroz, Berkis Cruz-Eusebio, and Tania Leipold

Tuesday
March 29th
1pm & 5pm

Story2 is a program that teaches individuals how to communicate their stories to others using specific tools and exercises. In this series of workshops, you will discover how to put your best self forward in professional situations. Whether it's applying for a job, an internship or a scholarship, the way you present yourself and tell your story will influence decisions that can lead to positive outcomes.

Thursday
April 7th
2pm & 5pm

Don't miss out on perfecting your storytelling skills with the 1-hour workshops listed below. You can participate in either one, but we recommend all three for a well rounded learning experience that is sure to help you become a better candidate!

- **Resume Writing: Write a professional resume that makes you shine.**
March 16th @1pm [Zoom Meeting ID: 86341075688](#)
March 29th @5pm [Zoom Meeting ID: 87048757683](#)
 - **Personal Statements: Learn to write impactful statements to stand out when applying for grants or scholarships.**
March 16th @5pm [Zoom Meeting ID: 81692351095](#)
March 29th @1pm [Zoom Meeting ID: 84939736432](#)
 - **Interview Skills: Impress your interviewer with your professional stories.**
April 7th @2pm [Zoom Meeting ID: 82359438063](#)
April 7th @5pm [Zoom Meeting ID: 87666838149](#)
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