



Hostos Community
College



LIBERAL ARTS OPTIONS

**Making the Most of Your
Elective Credits.**

Associate in Arts (A.A.) | Spring 2023

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Welcome to Hostos Community College and the A.A. Degree in Liberal Arts & Science.

The Liberal Arts degree is the degree that opens the door to amazing possibilities.

In today's world, the job market is changing so rapidly that the career you are preparing for now, might not even exist by the time you graduate. There will also be many new work opportunities you can't even anticipate. Some people will have at least five jobs in their lifetime.

How can you get ready for a world of ever-changing opportunities? There is one degree that can prepare you to meet the future: the Liberal Arts Degree. With this degree you will receive the skills you need to solve problems, think critically, collaborate with others and develop strong communication skills in speaking and writing. And most important, you will have the background knowledge about different disciplines, diverse cultures and ways of understanding the world that employers value and that we all need to be productive and caring global citizens. In a recent survey, four out of five employers agreed that all students should acquire broad knowledge in the liberal arts & sciences.

At Hostos, we are committed to preparing you for this rapidly-changing world while encouraging you to ignite and follow your academic and career passions. To help you choose the path that's right for you, we are offering new Concentrations or Liberal Arts Options. These consist of 9-12 elective credits and can be found across all liberal arts disciplines. You'll find Options in Psychology, the Arts, History, Theater, Social Work, Social Science, Women's & Gender Studies, Aging and Health Care, Community Health, Health Care Management, English, Black Studies, Physical Education and Latin American and Caribbean Studies, just to name a few.

As a new student considering your educational and career goals, our Liberal Arts Options for Liberal Arts majors offer a more in-depth exploration of an area of interest to you. The Options will provide you with the knowledge and skills you need to pursue a career in a field of interest or as an introduction to advanced academic studies at a four-year college.

Browse through the Liberal Arts Options in this book to see the many opportunities that await you. The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

Please contact your SSCU, ASAP or CD advisor to enroll in a Liberal Arts Option or if you have any questions. Feel free to contact me for any additional information.

Wishing you all the best in your academic adventures,

Professor Linda Hirsch, Ph.D.
Director, A.A. Degree in Liberal Arts & Science
lhirsch@hostos.cuny.edu



Hostos Community
College



**Behavioral and Social Sciences
Department**

LIBERAL ARTS OPTIONS

Psychology

Psychology Research

**Interdisciplinary Studies in Human
Behavior and Social Institutions**

Historical Studies

Social Studies

U.S. History

Social Work

LIBERAL ARTS OPTIONS

PSYCHOLOGY OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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Each Option is aligned with the mission and learning outcomes of the Liberal Arts degree and provides you the skills and abilities you need to succeed academically and professionally.

Browse through the many offerings to see what appeals to you. Some of the Options recommend courses for your first 30 credits, so thinking now about an Option you might pursue later will help you plan ahead.

The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

PSYCHOLOGY OPTIOPN: Why is General Psychology the most popular undergraduate course? The study of psychology provides an understanding about WHY we think, feel and behave the way we do. In addition, psychology is comprised of research and theoretical foundations that intersect with all disciplines in the liberal arts. The Psychology Option introduces students to psychology as an academic discipline, science, and profession. Course work stimulates critical thinking about the human experience from multiple lenses including gender, culture, race, and ethnicity across the lifespan.

TOP ACADEMIC SKILLS

- Develop information literacy, critical thinking, and the ability to synthesize content in meaningful ways.
- Understand basic psychological concepts, facts, research methods and theories.
- Gain insights and understanding of adaptive and maladaptive behavior from the biological, behavioral, cognitive, psychodynamic, humanistic and sociocultural perspectives.

CAREER LANDSCAPE

The Psychology Option prepares students for careers in allied and public health, business, criminal justice, education, human and mental health services, social work and the arts.

It leads to advanced studies for careers as psychologists in the clinical, neuropsychology, forensic, social, developmental, school, sports and/or organizational psychology fields or as licensed counselors in the substance abuse, marriage and family, school and career fields.

“Psychology is the scientific study of behavior and mental processes”

— Robert Feldman
Essentials of Understanding Psychology

The The Psychology Option requires 12 credits. Both courses in Group One are required. PSY 101 must be taken first. (May be taken as part of the Flexible Core). After the required courses have been completed, students may take any two to three of the courses listed in Group Two.

Courses in the Psychology Option		Credits
Group One Sequence of Required Classes (3-6 credits):		
PSY 101 – General Psychology (If not previously taken)		3
PSY 142 – Abnormal Psychology		3
Group Two Select two to three courses from the list below (6-9 credits):		
PSY 110	Life-Span Development of Behavior	
PSY 115	Educational Psychology	
PSY 120	Developmental Psychology I – Childhood	3
PSY 121	Developmental Psychology II – Adolescence and Adulthood	3
PSY 140	Psychology of Women	3
PSY 144	Personality	3
PSY 146	Small Group Dynamics	3
PSY 150	Research Methods	3
PSY 170	Cultural Psychology	3
PSY 180	Psychology of Ageing	3
PSY 182	Social Psychology	3
SOC 140	Race and Ethnicity	3

HOW TO REGISTER

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/3BPoIN7> or scan QR code below:



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LIBERAL ARTS OPTIONS

PSYCHOLOGY – RESEARCH OPTION

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PSYCHOLOGY – RESEARCH OPTION: Psychology is the study of behavior and mental processes and entails the application and practice of the scientific method. The ability to make exciting new discoveries through scientific inquiry require research skills and this option creates a path for those who wish to critically examine the world and empower themselves as advocates for reasoned change. The Psychology – Research Option places an emphasis on the abilities to reason and problem solve as a scientist. The required courses in this Option are an introduction to the concepts and theories critical to the understanding of human behavior, the scientific method, the math and writing used in the discipline as well as the research skills required for scientific investigation.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, and the ability to communicate research findings in a discipline-appropriate manner.
- Develop an understanding of the scientific method and the research skills required for scientific inquiry.
- Develop reasoning, logic, problem solving and critical thinking skills.
- Gain insights and understanding into human behavior.

CAREER LANDSCAPE

The Psychology-Research Option prepares students to pursue entry-level career paths in research, data analysis, and the Science, Technology, Engineering, and Math (STEM) fields, and is a gateway to study Psychology or any of the STEM disciplines at a 4-year college.

“If we knew what it was we were doing, it would not be called research, would it?”

— Albert Einstein

LIBERAL ARTS OPTION

PSYCHOLOGY—RESEARCH OPTION

The Psychology—Research Option requires 9 credits, in addition to the completion of the Required Common Core class, ENG 110. PSY 101, MAT 120, and ENG 110 can be taken in any order (or concurrently), but PSY 101 must be taken before PSY 150.

Courses in the Psychology – Research Option		Credits
I. Required Common Core:		
ENG 100	Expository Writing	3
II. The Psychology – Research Option. Complete Required 3 Courses 9 credits		
PSY 101	General Psychology	3
PSY 250	Introduction to Research Methods	3
MAT 120	Probability and Statistics	3
III. Recommended Class		
ENG 202	Technical Writing	3

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LIBERAL ARTS OPTIONS

INTERDISCIPLINARY STUDIES IN HUMAN BEHAVIOR AND SOCIAL INSTITUTIONS OPTION

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BEHAVIORAL SCIENCES disciplines study different social aspects of human behavior and the ways in which humans have developed and interact in the context of their own social reality. The Behavioral Sciences Interdisciplinary Option includes studies in Sociology, Anthropology, and Psychology. Sociology examines social behavior, social interactions, social institutions, and social change. Anthropology adds to the knowledge about past societies and cultures as well as the origins of humans. Psychology concentrates on individual behavior and personality and the social aspects of human behavior. When these three disciplines are studied together, we develop a deeper understanding of our everyday reality, our culture, human behavior, and of the wide variations of norms and values of different societies.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, critical thinking, analysis, application, evaluation skills and the ability to synthesize content in meaningful ways.
- Connect and understand the conceptual relationships among the different disciplines of Behavioral Sciences like Sociology, Anthropology, and Psychology and synthesize these concepts into a comprehensive, multidisciplinary approach.
- Become familiar with teamwork and communication skills necessary for future studies.

“Breakthrough innovation occurs when we bring down boundaries and encourage disciplines to learn from each other”

— Gyan Nagpal

CAREER LANDSCAPE

This Option provides a strong background for entry level positions as caseworkers, case managers, counselors, group workers, child advocates, family managers in social services, community organizations, non-profits, health services, and other agencies.

LIBERAL ARTS OPTION

INTERDISCIPLINARY STUDIES IN HUMAN BEHAVIOR AND SOCIAL INSTITUTIONS OPTION

The Interdisciplinary Studies in Human Behavior and Social Institutions Option requires 12 credits. PSY 101: General Psychology (which is a pre-requisite of all Hostos upper-level Psychology courses) and SOC 101: Introduction to Sociology can be taken as part of the Flexible Common Core.

Courses in the Behavioral Sciences Disciplines		Credits
Group One Complete 2 Courses		
SOC 101	Introduction to Sociology	3
ANTH 101	Introduction to Anthropology	3
Group Two Complete two to three of the following courses 6-9 credits		
SOC 105	Social Problems	3
SOC 140	Race and Ethnicity	3
SOC 150	Criminology	3
PSY 110	Life Span Development	3
PSY 115	Educational Psychology	3
PSY 120	Abnormal Psychology	3
PSY 170	Cultural Psychology	3
PSY 182	Social Psychology	3
PSY 140	Psychology of Women	3
PSY 144	Personality	3
PSY 146	Small Group Dynamics	3

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COURSES IN THIS OPTION

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LIBERAL ARTS OPTIONS

SOCIAL SCIENCES OPTION: HISTORICAL STUDIES

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THE HISTORICAL STUDIES OPTION introduces students to the disciplinary frameworks, research methodology, and historical knowledge necessary to analyze social groups, societies, and issues as an historian. Students will explore and analyze various societies and the experiences of ordinary people, with particular attention to the effects of class, race, ethnicity, and gender norms. In addition to learning about different geographical areas of the world, students will also encounter essential and significant questions that humans have explored for millennia, while learning about competing schools of historical thought and practice.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Develop reasoning skills and the ability to ask critical questions, improve reading comprehension, write in multiple disciplines, and problem solve.
- Acquire a multi-dimensional perspective on historical processes across time and space.

“A people without the knowledge of their past history... is like a tree without roots.”

— Marcus Garvey

CAREER LANDSCAPE

This Option provides students with the skills for majors including History, Political Science, Pre-Law, Education, and Ethnic Studies and careers in Education, Politics, International Affairs, Consulting, Editing, Public History, Museum Curation, and other fields that value strong reasoning and writing skills.

LIBERAL ARTS OPTION

SOCIAL SCIENCES OPTION: HISTORICAL STUDIES

The Historical Studies Option requires students to successfully complete 4 courses. Students must complete 2 of the 6 historical sequences listed below. At least one of the sequences must be from Tier 1: the Required Sequences. Students will be permitted to either complete both of their sequences from Tier 1 or they can take one sequence from Tier 1 and one sequence from Tier 2.

Courses in the Historical Studies Option			Credits
I. Tier 1 Required Sequences Complete at least one 1 Sequence			
Sequence 1			
HIS 201	World History to 1500		3
HIS 202	World History: 1500 to the Present		3
Sequence 2			
HIS 210	US History through the Civil War		3
HIS 211	US History: Reconstruction to the Present		3
Sequence 3			
BLS 114	The African American Experience		3
HIS 214	Modern African American History		3
II. Tier 2 Optional Sequences Complete 1 of the three Sequences			
Sequence 1			
BLS 110	African Civilizations I		3
BLS 112	African Civilizations II		3
Sequence 2			
LAC 109	Latin American History I		3
LAC 110	Latin American History II		3
Sequence 3			
LAC 108	History of the Caribbean		3
LAC 106	History of the Dominican Republic		3

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LIBERAL ARTS OPTIONS

SOCIAL SCIENCES OPTION: SOCIAL STUDIES

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THE SOCIAL STUDIES OPTION introduces students to interdisciplinary perspectives on the nature of human interactions and how societies function. Choosing this Option allows students to study the political, historical, cultural, and economic dynamics of social interactions from a variety of theoretical and pragmatic frameworks.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Develop reasoning skills and the ability to ask critical questions, improve reading comprehension, write in multiple disciplines, and problem solve.
- Connect social studies to a variety of other disciplines such as law and gender studies.

“Science is morally neutral, but social science shows us that some moral codes are better than others.”

— Mario Bunge
Philosopher and Physicist

CAREER LANDSCAPE

This Option prepares students to transition into the following academic majors: History, Political Science, and Economics; and the following careers: Education, Politics, Educational or Political Consulting, Public History, and others that value strong reasoning and writing skills.

LIBERAL ARTS OPTION

SOCIAL SCIENCES OPTION: SOCIAL STUDIES

The Social Studies Option requires students to successfully complete 4 courses. In addition to any courses taken as part of the Common or Flexible Core, students must take 1 course from each of the 4 tiers below:

Courses in the Social Studies Option			Credits
I. Tier 1 Complete 1 Course			
SOC 101	Introduction to Sociology		3
PSY 101	Introduction to Psychology		3
II. Tier 2 Complete 1 Course			
ECO 101	Microeconomics		3
ECO 102	Macroeconomics		3
III. Tier 3 Complete 1 Course			
POL 101	Introduction to American Government		3
HIS 210	US History through the Civil War		3
IV. Tier 4 Complete 1 Course			
HIS 211	US History: Reconstruction to the Present		3
HIS 214	Modern African American History		3
LAW 101	Law and Social Change		3
SOC 140	Race and Ethnicity		3
WGS 100	Introduction to Women's Studies		3

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LIBERAL ARTS OPTIONS

SOCIAL SCIENCES OPTION: UNITED STATES STUDIES

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THE UNITED STATES STUDIES OPTION introduces students to interdisciplinary perspectives on the society and culture of the United States. This Option allows students to explore the nation's political, historical, and economic foundations, and engage in contemporary debates on the major issues and questions affecting American society. The United States Studies Option also promotes civic knowledge and an understanding of its significance, both in the past and in contemporary United States society.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Develop reasoning skills and the ability to ask critical questions, improve reading comprehension, write in multiple disciplines, and problem solve.
- Acquire a multi-dimensional perspective on the evolution of American society.

CAREER LANDSCAPE

This Option provides students with marketable skills for a variety of careers and academic majors including History, Political Science, Economics, Sociology, Literature, and Ethnic Studies and careers in Education, Politics, Educational or Political Consulting, Public History, and creative fields.

“The American Dream, whether attainable or not, is to have freedom, freedom in all things.”

— Maya Angelou

The United States Studies Option requires students to successfully complete 3 courses. In addition to any courses taken as part of the Common or Flexible Core, students must take 1 course from each of the tiers below:

Courses in the United States Studies Option		Credits
I. Tier 1 Complete 1 Course		
POL 101	Introduction to American Government	3
HIS 210	US History through the Civil War	3
II. Tier 2 Complete 1 Course		
HIS 211	US History: Reconstruction to the Present	3
HIS 214	Modern African American History	3
III. Tier 3 Complete 1 Course		
SOC 140	Race and Ethnicity	3
BLS 161	Hip Hop Worldview	3
LAC 132	Hispanic Migration to the U. S.	3
LAC 246	Latino/Latina Literature in the U. S.	3
ENG 211	The Modern American Novel	3
ENG 225	Literature of the Black American	3
VPA 114	Modern Art in the City	3
WGS 200	Gender and Work	3

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SOCIAL WORK OPTION

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SOCIAL WORK OPTION: The field of social work is one of the most versatile fields within the Liberal Arts. The Social Work Option prepares students to understand the theoretical and applied practice of social work. It objectively examines the effects of services and inequalities in relation to gender, social economic class, and racial and ethnic. Students will acquire applied concepts and skills in interpersonal interactions to solve dysfunctional events in clienteles' lives. The Option offers practical skills used in solving social problems through an interdisciplinary team.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, and the ability to synthesize content in meaningful ways.
- Develop and understand theoretical and practical skills in addressing and solving client's dysfunctionality through actual interactions with professional social workers.
- Provide objective understanding of social and mental health problems through the understanding of human behavior and motivations.

CAREER LANDSCAPE

The Social Work Option provides students with entry level skills in case plans and expertise at the four year or master's level. It is a gateway to employment in Human Services and facilitates transfer to Bachelor and master's programs.

“When we hold the measure of the ideal we are after, [...] out of the captive eagle emerges a rebel, free butterfly.”

—José Martí

The Social Work Option requires 12 credits in addition to the completion of the required Common Core class ENG 110. Introduction to Social Work (SW 101) can be taken simultaneously with Social Work Practicum (SW150).

Courses in the Social Work Option		Credits
I. Required Common Core:		
ENG 110	Expository Writing	3
II. Social Work Option Requires 12 Credits		
PSY 101	General Psychology	3
SW 101	Introduction to Social Work	3
SW 150	Social Work Practicum	3
SOC 101	Introduction to Sociology	3
III. Recommended Courses:		
SOC 105	Social Problems	3
PSY 146	Small Group Dynamics	3
SOC 140	Race and Ethnicity	3
HLT 103	Interpersonal Relations and Teamwork	3

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Hostos Community
College

Education Department



LIBERAL ARTS OPTIONS

**Interdisciplinary Studies in Aging
and Health: Pathways to Working
with Older Adults**

Community Health

Health Care Management

Physical Education

Physical Sciences

Teacher Education



LIBERAL ARTS OPTIONS

INTERDISCIPLINARY STUDIES IN AGING AND HEALTH: PATHWAYS TO CAREERS WORKING WITH OLDER ADULTS

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INTERDISCIPLINARY STUDIES IN AGING AND HEALTH introduces students to the growing-field of caring for the aging. It prepares students with interdisciplinary and experiential learning to develop lifelong professional strategies to work, serve, support, and educate older adults. Graduates build a professional portfolio that prepares them for job opportunities in settings such as hospitals, nursing and rehabilitation centers, senior centers, adult day care programs, assisted living facilities, respite care, and home health care agencies.

TOP ACADEMIC SKILLS

- Develop information literacy, critical thinking, and the ability to synthesize content in meaningful ways.
- Develop a professional portfolio.
- Learn the unique health and psychological challenges associated with aging.

CAREER LANDSCAPE

This Option prepares students for employment as recreation leaders, therapy aides, care management assistants, recreation specialists, and outreach workers.

Credits can be applied to bachelor's degree programs for careers in Gerontology, Health Education, Nursing, Social Work, Physical Therapy, Occupational Therapy, or Recreational Therapy.

“Human beings need the freedom to live with change, to invent and reinvent themselves a number of times through their lives”

— Robert Butler
Former director of The National Institute on Aging

LIBERAL ARTS OPTION

INTERDISCIPLINARY STUDIES IN AGING AND HEALTH: PATHWAYS TO CAREERS WORKING WITH OLDER ADULTS

The Interdisciplinary Studies in Aging and Health: Pathways to Careers Working with Older Adults Option requires students to successfully complete 4 courses. In addition to the courses taken as part of the Common/Flexible Core, students must take 4 courses from the offerings below.

Courses in the Interdisciplinary Studies in Aging and Health		Credits
I. Foundation Complete 1 Course		
GERO 101	Introduction to Gerontology	3
II. Specialized Electives Complete 3 Courses		
GERO 102	Therapeutic Recreation in Long Term Care	3
GERO 103	Health and Aging	3
GERO 180	Psychology of Aging	3
SW 101	Introduction to Social Work	3

HOW TO REGISTER

MEET WITH YOUR COACH/ADVISOR

Schedule an appointment with your coach or advisor through Succeed@Hostos to discuss your options.

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/3lmJKEG> or scan QR code below:



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LIBERAL ARTS OPTIONS

COMMUNITY HEALTH OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

The Liberal Arts Options for Liberal Arts majors are 9–12 elective credits that offer a more in-depth exploration of an area of interest to you. They can serve as an introduction to more advanced academic studies at a four-year college, or they can provide you with the skills you need to pursue a career in a field of interest with your A.A. Degree.

Each Option is aligned with the mission and learning outcomes of the Liberal Arts degree and provides you the skills and abilities you need to succeed academically and professionally.

Browse through the many offerings to see what appeals to you. Some of the Options recommend courses for your first 30 credits, so thinking now about an Option you might pursue later will help you plan ahead.

The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE COMMUNITY HEALTH OPTION introduces students to the field of public health and focuses on studying, protecting, or improving the health of individuals, communities, and organizations. Students will obtain foundational understanding of current health issues such as health inequity, health promotion and disease prevention. They will develop the skills needed to effectively address contemporary health issues affecting their communities.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, and the ability to synthesize content in meaningful ways.
- Learn about a wide range of health field educational experiences through an interdisciplinary overview of basic health concepts (common to all the health professions) derived from biological, behavioral, and social sciences.
- Join national efforts to eliminate health disparities in New York City and other U.S. metropolitan areas.

CAREER LANDSCAPE

This Option provides the competencies to pursue professional and academic goals in health-related areas. Students can work in settings such as nonprofit community health organizations, public health agencies, worksite and health promotion programs, schools, and voluntary health agencies. Students can also transfer to senior college programs in health-related fields.

“The power of Community to create health is far greater than any physician, clinic or hospital.”

— Mark Hyman

The Community Health requires students to successfully complete 3 courses. In addition to the courses taken as part of the Common/Flexible Core, students must take 3 courses from the offerings below.

Courses in the Community Health Option		Credits
I. Foundation Complete 1 Course		
HLT 110	Introduction to Community Health Education	3
II. Recommended Electives Complete 2 Courses		
HLT 214	Substance Use and Abuse	3
HLT 215	Nutrition	3
HLT 220	Contemporary Health Issues	3

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/2HNYRLn> or scan QR code below:



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LIBERAL ARTS OPTIONS

HEALTH CARE MANAGEMENT OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

HEALTH CARE MANAGEMENT OPTION introduces students to the field of public health and focuses on studying, protecting, or improving the health of individuals, communities, and organizations. Students will obtain foundational understanding of current health issues such as health inequity, health promotion and disease prevention. They will develop the skills needed to effectively address contemporary health issues affecting their communities.

TOP ACADEMIC SKILLS

- Develop Information literacy, writing skills, and the ability to synthesize content in meaningful ways
- Learn about a wide range of health field educational experiences through an interdisciplinary overview of basic health concepts (common to all the health professions) derived from biological, behavioral, and social sciences.
- Join national efforts to eliminate health disparities in New York City and other U.S. metropolitan areas.

“The health of the people is ... the foundation upon which... their happiness and... their powers as a state depend.”

— Benjamin Disraeli

CAREER LANDSCAPE

This Option provides the competencies to pursue professional and academic goals in health-related areas. Students can work in settings such as nonprofit community health organizations, public health agencies, worksite and health promotion programs, schools, and voluntary health agencies. Students can also transfer to senior college programs in health-related fields.

LIBERAL ARTS OPTION

HEALTH CARE MANAGEMENT OPTION

The Health Care Management Option requires students to successfully complete 4 courses. Students will choose the following 4 courses for a total of 12 credits:

Courses in the Health Care Management Option		Credits
HLT 110	Introduction to Community Health Education	3
HLT 103	Interpersonal Relations and Teamwork	3
PPA 101	Fundamentals of Public Administration & Management	3
BUS 100	Introduction to Business	3

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/34JSRfP> or scan QR code below:



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LIBERAL ARTS OPTIONS

PHYSICAL EDUCATION OPTION: EDUCATION TRACK

WELCOME TO THE LIBERAL ARTS OPTIONS!

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THE PHYSICAL EDUCATION OPTION offers students a series of classes that lay the foundation for careers in movement. The Education Track delves into a variety of topics in the sciences and education. Coursework covers the historical backgrounds of Physical Education and Sports, and Education and allows students to gain an understanding of how physical movement works and to learn techniques and skills in selected sports and exercises. The Education Track provides foundations in Physical Education, in Education and in physical activity classes.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Acquire a comprehensive understanding of physical fitness, dynamic health, leisure living and education.
- Identify personal fitness and leisure living needs on a continuing basis.

CAREER LANDSCAPE

The PE Option, Education Track, provides the skills for careers including Physical Education Teachers, Physical Therapists, Athletic Trainers, Physical Therapy Aide, Coaching, Dance Instruction, Personal Training, and Day Camp Sports Specialist. Students can also transfer to PE four-year college degree programs.

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.”

— John F. Kennedy

LIBERAL ARTS OPTION

PHYSICAL EDUCATION OPTION: EDUCATION TRACK

The Education Track of the Physical Education Option requires students to successfully complete 6 courses from 3 categories: Foundation, Physical Activity Course and Activity Course Electives. Choose 3 courses from Foundation, 1 from Physical Activity.

Courses in the Education Track Option			Credits
I. Foundation Complete 3 Courses			
PED 201	Foundations of Phys. Edu., Exercise Science, & Sport		3
PED 202	Motor Learning		3
EDU 101	Foundations of Education		3
II. Physical Activity Course Complete 1 Course			
PED 100	Personal Fitness		1
III. Physical Activity Course Electives Complete 2 Courses			
PED 105	Volleyball		1
PED 122	Beginning Swimming		1
PED 139	Yoga		1
PED 145	Dance		1

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/325Xlq6> or scan QR code below:



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LIBERAL ARTS OPTIONS

PHYSICAL EDUCATION OPTION: PHYSICAL SCIENCE

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE PHYSICAL EDUCATION OPTION offers students a series of classes that lay the foundation for careers in movement. The Physical Education Physical Science Track delves into a variety of topics in Physical Education and the sciences. Coursework covers the historical background of Physical Education and Sports and allows students to gain an understanding of how physical movement works and to learn techniques and skills in selected sports and exercises. In the Physical Science track, students learn about Physical Education and beginner and intermediate levels of Biology as well as physical activity classes.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Acquire a comprehensive understanding of physical fitness, dynamic health, leisure living and education.
- Identify personal fitness and leisure living needs on a continuing basis.

CAREER LANDSCAPE

This Track prepares students for careers in Physical Therapy and Personal Training and work in private practice, fitness centers, hospitals, rehabilitation centers and one-on-one work with patients or clients. Students can also transfer to PE four-year college degree programs.

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.”

— John F. Kennedy

LIBERAL ARTS OPTION

PHYSICAL EDUCATION OPTION: PHYSICAL SCIENCE

The Physical Science Track of the Physical Education Option requires students to successfully complete 6 courses from 3 categories, Foundation, Physical Activity Course and Activity Course Electives. Choose 3 courses from Foundation, 1 from Physical Activity.

Courses in Physical Education Track Option			Credits
I. Foundation Complete 3 Courses			
PED 201	Foundations of Phys. Edu., Exercise Science, & Sport		3
PED 202	Motor Learning		3
II. Physical Activity Course Complete 1 Course			
BIO 150	Human Biology II Lecture		3
BIO 230	Anatomy & Physiology I (LPS) (SW)		4
III. Physical Activity Course Complete 1 Course			
PED 100	Personal Fitness		1
IV. Physical Activity Course Electives Complete 2 Courses Physical Activity Courses (total of 2 or 3 credits) Students who take BIO 150 will take 3 Physical Activity Courses (3 credits) Students who take BIO 230 (4 credits) will take 2 Physical Activity Courses (2 credits)			
PED 105	Volleyball		1
PED 122	Beginning Swimming		1
PED 139	Yoga		1
PED 145	Dance		1

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/325Xlq6> or scan QR code below:



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LIBERAL ARTS OPTIONS

TEACHER EDUCATION OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE TEACHER EDUCATION OPTION introduces students to theories and practices of education. This Option is for students interested in learning about the profession of teaching; the cognitive, physical, psychological, and social development of children from birth through adolescence, including human exceptionalities. It is a strong basis for those interested in becoming paraprofessionals or assistant teachers, working toward state certification as a lead teacher or operating a childcare center. Students will complete a 25-hour field experience where they will observe day-to-day activities in a classroom or childcare setting.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Acquire an understanding of child development and its connection to effective teaching practices.
- Obtain hands-on experience to practice in this field.

CAREER LANDSCAPE

This Option provides a basis for careers as paraprofessionals, assistant teachers or day care teachers or operators. Courses are transferrable to the four-year Early Childhood Education programs at Lehman College and Medgar Evers College.

“Education is not preparation for life; it is life itself.”

— John Dewey

LIBERAL ARTS OPTION

TEACHER EDUCATION OPTION

The Teacher Education Option requires students to successfully complete 4 courses. Choose 3 courses from Foundation and one from the Additional Teacher Education Elective.

Courses in the Teacher Education Option			Credits
I. Foundation Complete 3 Courses			
EDU 101	Foundations of Education		3
EDU 116	Child Development		3
EDU 130	Teaching in the Multicultural/Multilingual Classroom		3
II. Additional Teacher Education Elective Complete 1 Course			
EDU 104	Language Arts for Young Children		3
EDU 150	Introduction to Special Education		3

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COURSES IN THIS OPTION

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Hostos Community
College



English Department

LIBERAL ARTS OPTIONS

Literature and the Human
Experience

Style, Story and Expression

Writing Studies

Women's and Gender Studies



LIBERAL ARTS OPTIONS

ENGLISH OPTION: LITERATURE AND THE HUMAN EXPERIENCE

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE ENGLISH OPTION, LITERATURE AND THE HUMAN EXPERIENCE, introduces students to a variety of texts across cultures and historical periods that allows them to explore universal human themes such as identity, community, justice, and faith. It recognizes that literature cultivates empathy, builds bridges across human experience, and helps us to reflect on our own identities. Literature helps us to better understand who we are and the factors that shape our society. This suite of courses provides insight into our understanding of the human experience and invites students to consider diverse and sometimes conflicting literary representations of our world.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Hone skills of thoughtful reading, attention to detail, openness to different perspectives, imaginative thinking, evidence-based reasoning, deep analysis and advanced research methods.
- Develop critical thinking skills needed to appreciate and engage multiple perspectives.

CAREER LANDSCAPE

This Option prepares students for studies in English literature at four-year colleges. It leads to enriched perspectives on courses in sociology, psychology, political science, history, and cultural studies. Career fields include translation, education, publishing, and the law.

“Fiction... gives us the gift of seeing the world through (other people's) eyes.”

— Neil Gaiman

LIBERAL ARTS OPTION

ENGLISH OPTION: LITERATURE AND THE HUMAN EXPERIENCE

The Literature and the Human Experience Option requires students to successfully complete 4 courses. Students will choose 4 of the following courses for a total of 12 credits:

Courses in the Literature and the Human Experience Option		Credits
BLS125	The Harlem Renaissance	3
WGS203	Women and Religious Experiences	3
ENG 213	Shakespeare	3
ENG 215	The Bible and Literature	3
ENG 216	Holocaust Literature	3
ENG221	Introduction to Children's Literature	3
ENG222	Latin American Literature in Translation	3
ENG223	Women in Literature	3
ENG224	Literature and Psychology	3
ENG225	Literature of the Black American	3
ENG227	Literature and Aging	3
ENG228	Literature and Illness	3
ENG230	Language, Culture and Society	3
ENG239	The Nation in Global Literature	3
LAC246	Latino/Latina Literature in the United States	3

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/37Tlw2W> or scan QR code below:



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LIBERAL ARTS OPTIONS

ENGLISH OPTION: STYLE, STORY, AND EXPRESSION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE ENGLISH OPTION IN STYLE, STORY, AND EXPRESSION invites students to explore the many ways that writers tell stories. How do writers build stories? How does the style of a poem shape its meaning? What is the difference between reading words on a page and hearing them performed on stage? How do texts talk to each other across historical periods and cultures? Why are comic books, popular music, and movies worthy of serious attention? By studying a variety of literary genres, students will gain deeper insight into how and why we read literature. This Option emphasizes the pleasure of reading while teaching students to analyze literature at a more advanced level.

TOP ACADEMIC SKILLS

- Develop Information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Through reading for pleasure, analyze literature at more advanced levels.
- Hone skills of thoughtful reading, attention to detail, openness to different perspectives, imaginative thinking, evidence-based reasoning, deep analysis and advanced research methods.

“If writing is thinking and discovery... it is also awe and reverence and mystery and magic.”

— Toni Morrison

CAREER LANDSCAPE

This Option prepares students for studies in English at four-year colleges. Students become effective communicators in disciplines including literature, film, media studies, visual art, and philosophy. Career fields include translation, education, publishing, and the law.

LIBERAL ARTS OPTION

ENGLISH OPTION: STYLE, STORY, AND EXPRESSION

The Style, Story, and Expression Option requires students to successfully complete 4 courses from 2 categories, Foundation and Specialized. Choose 2 courses from Foundation and 2 from Specialized Electives.

Courses in the Style, Story, and Expression Option		Credits
I. Foundation Complete 2 Courses		
ENG 203	Creative Writing Workshop	3
ENG 204	Creative Non-Fiction	3
ENG 210	Studies in Fiction	3
ENG 212	Studies in Drama	3
ENG 214	Readings in Poetry	3
ENG 213	Shakespeare	3
ENG 215	The Bible and Literature	3
II. Specialized Electives Complete 2 Courses		
ENG 211	Modern American Novel	3
ENG 221	Introduction to Children's Literature	3
ENG 226	Literature of Science Fiction	3
ENG 237	Reading Film	3
ENG 240	The Graphic Novel	3
ENG 242	Writing about Music	3
ENG 251	Female Detective Novel	3

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COURSES IN THIS OPTION

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LIBERAL ARTS OPTIONS

ENGLISH OPTION: WRITING STUDIES

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

ENGLISH OPTION: WRITING STUDIES introduces students to the foundations and features of powerful and diverse types of writing. How does writing become persuasive? What is the relationship between writing and thinking? People write more than ever in the digital age. Successful communication, especially in writing, is foundational for virtually all professions and college degrees. A person's writing also impacts how they are perceived by society and by potential employers. In addition to critically examining different types of writing, this Option empowers students to be effective communicators in different styles.

TOP ACADEMIC SKILLS

- Develop Information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Effectively communicate in a number of different writing styles.
- Develop familiarity with writing unique to disciplines such as music, media design, technology and business communication.

CAREER LANDSCAPE

This Option prepares students for a variety of careers and degrees. The technical and written expertise acquired in many of the courses will benefit STEM majors, engineers, nurses, business administrators, social scientists, and those whose passion lies in the arts.

“Writing is... the greatest of human inventions, binding together people who never knew each other.”

— Carl Sagan

LIBERAL ARTS OPTION

ENGLISH OPTION: WRITING STUDIES

The Writing Studies Option requires students to successfully complete 4 courses from 2 categories, Foundation and Additional English Elective. Choose 3 courses from Foundation and 2 from Additional English Elective.

Courses in the Writing Studies Option		Credits
I. Foundation Complete 3 Courses		
DD 102	Media Design in the Digital Age	3
ENG 202	Technical Writing	3
ENG 203	Creative Writing Workshop	3
ENG 204	Creative Non-Fiction	3
BUS 203	Business Communication	3
ENG 238	Tutoring Writing	3
ENG 242	Writing about Music	3
II. Additional English Elective Complete 1 Courses		
ENG 211	Modern American Novel	3
ENG 212	Studies in Drama	3
ENG 213	Shakespeare	3
ENG 214	Readings in Poetry	3
ENG 215	The Bible and Literature	3
ENG 221	Introduction to Children's Literature	3
ENG 226	Literature of Science Fiction	3
ENG 237	Reading Film	3
ENG 240	The Graphic Novel	3
ENG 251	Female Detective Novel	3

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COURSES IN THIS OPTION

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LIBERAL ARTS OPTIONS

WOMEN'S AND GENDER STUDIES OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

WOMEN'S AND GENDER STUDIES OPTION: Drawing on feminist scholarship, the WGS Option explores the pervasive role that gender, and its intersections with other social categories of identity, has played in human societies. In WGS classes, students examine gender and sexuality in the family, media, popular culture, literature and the arts, history, employment, psychology, religions, science, and politics, with emphasis on the experiences and contributions of women and the LGBT community. Because education does not stop when students leave the classroom, WGS students make connections between their lives and their studies, deepening learning and encouraging civic engagement. By examining attitudes and practices that foster gender justice, WGS students are poised to effect change where they work and in their communities.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and critical thinking by questioning assumptions about gender and other categories of social difference.
- Analyze causes and solutions to transnational conditions of inequality faced by women and girls
- Problematicize questions in the history of feminist activism and become informed consumers of research and news related to individual and systemic gender-related bias.

CAREER LANDSCAPE

WGS develops highly marketable skills including research, communication, and leadership. There is strong demand for this expertise in health care, law, education, psychology, criminal justice, social work, and public service. The Concentration provides a pathway to WGS in senior colleges.

“Well behaved women rarely make history.”

— Laurel Thatcher Ulrich

LIBERAL ARTS OPTION

WOMEN'S AND GENDER STUDIES OPTION

The Women's and Gender Studies Option requires students to successfully complete 3 courses. In addition to any courses taken as part of the Common or Flexible Core, students must take 3 additional courses from the offerings below:

Courses in the Women's and Gender Studies Option		Credits
I. Foundation Complete 1 Course		
WGS 100	Introduction to Women's and Gender Studies	3
II. Social Science and Humanity Complete 1 Course		
WGS 200	Gender and Work	3
WGS 201	Women and Religious Experience	3
WGS 270	Topics in Women's and Gender Studies	3
PSY 140	Psychology of Women	3
III. Literary Study Complete 1 Course		
ENG/WGS 223	Women in Literature	3
ENG 241	Introduction to LGBTQ Literature	3
ENG 251	The Female Detective Novel	3
LAC/WGS 260	U.S. Latina Women's Literature	3

HOW TO REGISTER

MEET WITH YOUR COACH/ADVISOR

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/34L2T0> or scan QR code below:



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Hostos Community
College



Humanities Department

LIBERAL ARTS OPTIONS

Art History

Art Studio

Arts Administration

Black Studies

**Latino/a, Latin American &
Caribbean Studies**

Music

Theater

LIBERAL ARTS OPTIONS

ART HISTORY

WELCOME TO THE LIBERAL ARTS OPTIONS!

The Liberal Arts Options for Liberal Arts majors are 9–12 elective credits that offer a more in-depth exploration of an area of interest to you. They can serve as an introduction to more advanced academic studies at a four-year college, or they can provide you with the skills you need to pursue a career in a field of interest with your A.A. Degree.

Each Option is aligned with the mission and learning outcomes of the Liberal Arts degree and provides you the skills and abilities you need to succeed academically and professionally.

Browse through the many offerings to see what appeals to you. Some of the Options recommend courses for your first 30 credits, so thinking now about an Option you might pursue later will help you plan ahead.

The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE ART HISTORY OPTION: There is something about art and artists that may be impossible to describe, to put into words. Human beings communicated for the first time not in letters on a page, but in images painted on a wall in a cave. Creative expression is something deep and meaningful and reflects what it means to be human, from the great pyramids of Egypt to the sculpture of Michelangelo, from the gardens of the Chinese literati to the paintings of Jean-Michael Basquiat, from the heart and hand of Frida Khalo to you.

The Art History Option supports students interested in the history of creative expression and who want to explore the world of images and what they mean.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, and the ability to synthesize content in meaningful ways.
- Use technology to study visual culture.
- Become familiar with important periods of art in both Western and global traditions in order to understand historical antecedents and current movements in the visual arts.

CAREER LANDSCAPE

This Option prepares students for further study in art history or humanities disciplines at four-year institutions and beyond. Successful completion helps prepare students for career paths that rely on visual image literacy including advertising, marketing, merchandising, social media, and creative direction.

“The art of a people is a true mirror to their minds.”

—Jawaharlal Nehru

The Art History Option requires students to successfully complete 3 courses from 2 categories, Foundation and Elaboration. Choose one course from Foundation and 2 from Elaboration.

Courses in the Art History Option			Credits
I. Foundation Complete 1 Course			
	HUM100	Introduction to Global Humanities	3
OR	VPA111	Arts and Civilization I: Prehistory to 1400	3
OR	VPA112	Arts and Civilization II: 1400 to Present	3
II. Elaboration Complete 2 Courses			
	VPA111	Arts and Civilization I: Prehistory to 1400	3
OR	VPA112	Arts and Civilization II: 1400 to Present	3
OR	VPA113	Introduction to Art	3
OR	VPA114	Modern Art in the City	3
OR	BLS131	Black American Art	3
OR	ENG240	The Graphic Novel	3

HOW TO REGISTER

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/31WVSrw> or scan QR code below:



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LIBERAL ARTS OPTIONS

ART STUDIO OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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ART STUDIO OPTION: There is something about art and artists that may be impossible to describe, to put into words. Creative expression is something deep and meaningful and reflects what it means to be human, from the great pyramids of Egypt to the sculpture of Michelangelo, from the gardens of the Chinese literati to the paintings of Jean-Michael Basquiat, from the heart and hand of Frida Khalo to you.

The Art Studio Option supports students interested in creative expression. It allows students to discover, explore, and refine their own creative abilities through a selection of courses designed to give a free reign to creativity in a supportive environment that provides important feedback and instruction.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways to understand, discuss and create works of art within a complex social, cultural and political context.
- Develop and refine skills that allow for creative expression.
- Learn to use technology and vocabulary for the study and practice of art in a meaningful way.

CAREER LANDSCAPE

This Option prepares students to develop and refine skills transferrable to the study of studio practice at four-year institutions and beyond. Successful completion helps prepare students for careers which require the ability to communicate visually, such as illustration, design, or production.

“The purpose of art is to lay bare questions that have been hidden by the answers”

—James Balwin

The Art Studio Option requires students to successfully complete 4 courses from 2 categories, Foundation and Elaboration. Choose 2 courses from Foundation and 2 from Elaboration.

Courses in the Art Studio Option			Credits
I. Foundation Complete 2 Courses <i>If students have already taken a course in this category as part of their Common Core or Flexible Core course of study, students can complete an additional course in this category.</i>			
	HUM100	Introduction to Global Humanities	3
OR	VPA111	Arts and Civilization I: Prehistory to 1400	3
OR	VPA112	Arts and Civilization II: 1400 to Present	3
OR	VPA113	Introduction to Art	3
OR	VPA114	Modern Art in the City	3
II. Elaboration Complete 2 Courses <i>Students may not fulfill Foundation and Elaboration requirements with the same courses.</i>			
	VPA122	Painting and Drawing II	3
OR	VPA124	Still Life Oil Painting	3
OR	VPA134	Digital Photography 2	3
OR	ENG240	The Graphic Novel	3

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/2HNYRLn> or scan QR code below:



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LIBERAL ARTS OPTIONS

ARTS ADMINISTRATION*

WELCOME TO THE LIBERAL ARTS OPTIONS!

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THE ARTS ADMINISTRATION OPTION combines courses from Business Administration and Humanities to provide students with the skills, knowledge, and experience necessary to begin an administrative career in the arts and/or be a first step for students who want to pursue higher degrees in Arts Administration leading to management positions in the field.

The option provides the foundation for students to acquire an understanding of business theories and techniques and broaden their knowledge of the performing arts.

TOP ACADEMIC SKILLS

- Develop information literacy, critical thinking, and the ability to synthesize content in meaningful ways.
- Understand fundamentals of business administration, office systems and technology that is applied to non-profit and for-profit arts companies.
- Develop an understanding and appreciation of art, music, and the performing arts and how it is applied to writing, marketing, budgeting, fundraising, and all the aspects of administration.

CAREER LANDSCAPE

The Arts Administration Option prepares students for careers in the arts – in theaters, museums/galleries, concert halls, arts advocacy and service organizations, and public and private philanthropic organizations. It leads to advanced studies for leadership positions in arts management including Executive and Managing Directors, Development Directors, and Financial Officers.

“All art forms are in the service of the greatest of all arts: the art of living.”

—Bertolt Brecht

*Effective Fall 2023

The Arts Administration Option requires students to successfully take a minimum of three courses for a total of nine credits. BUS 100 will be a required course for the Option. Then, students must select a second course from the Humanities Course offerings. The third and final course may be either a Business* or Humanities course.

Courses in the Arts Administration Option		Credits
I. Foundation Complete 1 Course		
BUS 100	Introduction to Business	3
II. Humanities Courses Complete 1 Course		
HUM 100	Introduction to Global Humanities (WCGI)	3
HUM 141	Introduction to Global Film	3
VPA 171	Introduction to Theater	3
VPA 113	Introduction to Art	3
VPA 141	Music Appreciation (CE)	3
VPA 115	Twentieth Century Art	3
III. Business Courses Complete 1 Course		
CIP 101	Introduction to Computer Systems and Technology	3
BUS 203	Business Communications	3
BUS 220	Principles of Marketing	3
BUS 240	Entrepreneurship	3
ACC 100	Introduction to Accounting	2
ACC 101	Accounting I	3

COOP 102 is a 1 credit internship available for those students who complete only 8 credits in the Option. Students can also enroll in COOP 102 if they have a remaining free elective credit(s) and want to take a one credit bearing internship.

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/3oMyIxC> or scan QR code below:



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BLACK LIVES MATTER

LIBERAL ARTS OPTIONS

BLACK STUDIES

WELCOME TO THE LIBERAL ARTS OPTIONS!

The Liberal Arts Options for Liberal Arts majors are 9–12 elective credits that offer a more in-depth exploration of an area of interest to you. They can serve as an introduction to more advanced academic studies at a four-year college, or they can provide you with the skills you need to pursue a career in a field of interest with your A.A. Degree.

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Browse through the many offerings to see what appeals to you. Some of the Options recommend courses for your first 30 credits, so thinking now about an Option you might pursue later will help you plan ahead.

The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE BLACK STUDIES OPTION introduces students to Black Studies, a discipline focused on African centeredness and an Afrocentric frame of reference in research methodology, pedagogy, and intellectual production. Students study the intellectual heritage of people of African descent throughout Africa and African Diaspora communities from an Afrocentric and interdisciplinary lens. This Option cultivates junior scholars dedicated to civic engagement and applying emancipatory knowledge. Students will engage in interdisciplinary inquiry that spans cultural and historical studies, arts and humanities and social and behavioral sciences, among other disciplines, with a wide array of courses and student-centered extracurricular programming hosted by student clubs such as the Black Student Union, the Hip-hop Club and the Capoeira Club.

TOP ACADEMIC SKILLS

- Develop information literacy, writing skills, and the ability to synthesize content in meaningful ways.
- Relate course content to the larger world as a means of understanding individual responsibility as a civic and social actor.
- Generate comprehensive understanding of Black identity and culture as well as the political, social and cultural contributions of Africans and their descendants throughout the African diaspora.

“We blaze paths
against annihilation
and find salvation in
the empowerment
of our truth.”

—Weldon C. Williams III

CAREER LANDSCAPE

This concentration prepares students to excel upon transferring to senior colleges and for careers and academic study in fields such as history, law, anthropology, art, government, international relations, education, health, literature, sports, music and beyond.

The Black Studies Option requires students to successfully complete 4 courses from 4 distinct categories: I. African Antiquity, II. Black Heritage Introductory, III. Black Creative Expression in African Diaspora Communities, and IV. Core Career. Choose one course from each category:

Courses in the Black and African Diaspora Studies Concentration			Credits
I. African Antiquity Complete 1 Course			
BLS 110	African Civilization I		3
BLS 112	African Civilization II	https://bit.ly/3ad2uVr	
BLS 116	African Spiritual Traditions		3
II. The Black Heritage Introductory Complete 1 Course			
BLS 101	Introduction to Black Studies (Pathways)*		3
BLS 114	The African-American Experience (Pathways)		3
III. Black Creative Expression in African Diaspora Communities Complete 1 Course			
BLS 123	African-American Literature		3
BLS 125	The Harlem Renaissance		3
IV. Core Career Complete 1 Course, 3 credits, 3 hours and Optional 1 Credit Course			
BLS 150	Ethnicity, Health & Illness		3
BLS 161	The Hip Hop Worldview		3
LAW 101	Law and Social Change		3
VPA 121	Painting & Drawing I		3
BLS 201	Black Rebellion and Resistance in the Americas		3
PED 145	Black & Puerto Rican Dance		1

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COURSES IN THIS OPTION

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LATINA/O/X, LATIN AMERICAN, AND CARIBBEAN STUDIES OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

The Liberal Arts Options for Liberal Arts majors are 9–12 elective credits that offer a more in-depth exploration of an area of interest to you. They can serve as an introduction to more advanced academic studies at a four-year college, or they can provide you with the skills you need to pursue a career in a field of interest with your A.A. Degree.

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The Liberal Arts Options will enrich your college studies and help you make the most of your A.A. Degree.

THE LATINA/O/X, LATIN AMERICAN, AND CARIBBEAN STUDIES OPTION introduces and engages students in the histories and cultures of the people of the Caribbean, Latin America, and their diasporas in the United States throughout the centuries. Through interdisciplinary and experiential studies, students participate in curriculum-integrated, Bronx-based, city-based, and campus-based cultural, educational, and social events focusing on the U.S. Latina/o experience, the Afro Latina/o and Afro-Caribbean, and Latin American experience, Puerto Rican and Dominican Studies, and Border and Immigration Studies. Literature, art, and cultural expressions are explored through activities organized by the Latin American Writers Institute of Hostos and the Hostos Center for the Arts and Culture. Bilingual faculty support students with developing English language skills.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content across disciplines such as History, Literature and Cultural Studies, Anthropology, Sociology and Political Science.
- Identify and discuss key historical and cultural issues in Latina/o, Latin American, and Caribbean Studies.
- Develop an understanding of the diversity of Latina/o, Latin American, and Caribbean heritages, histories, cultures, and identities.

CAREER LANDSCAPE

This Option prepares students to pursue jobs as teachers, professors, lawyers, paralegals, social workers, managers of cultural institutions, and other positions which advance the plight and understanding of Latina/o and Latin American peoples. Students develop a knowledge base transferrable to four-year colleges.

“When we hold the measure of the ideal we are after, [...] out of the captive eagle emerges a rebel, free butterfly.”

—José Martí

LIBERAL ARTS OPTION

LATINA/O/X, LATIN AMERICAN, AND CARIBBEAN STUDIES

The Latina/o/x, Latin American, and Caribbean Studies Option requires students to successfully complete 3 courses. Students will choose 3 of the following courses for a total of nine

Latina/o/x, Latin American, and Caribbean Studies Option		Credits
I. Foundation Complete 1 Course		
LAC 101	The Latino Experience in the United States (USED)	3
II. History and Political Science Complete 1 Course		
LAC 106	History of Dominican Republic	3
LAC 108	History of the Caribbean	3
LAC 132	Hispanic Migrations to the United States	3
POL 207	Political Systems of Latin America (WCGI)	3
III. Cultural Studies Complete 1 Course		
LAC 118	Caribbean Society & Culture (WCGI)	3
LAC 202	Latin American Film and Literature	3
LAC 246	Latina/Latino Literature in the U.S.	3
VI. Recommended Electives Complete 1 Course		
BLS 122	Negritude	3
BLS 141	The African-American & Latino Family	3
EDU 131	Language Arts in a Bilingual Classroom	3
EDU 132	Social Studies in a Bilingual Classroom	3
HUM 100	Introduction to Global Humanities (WCGI)	3
LAW 101	Law & Social Change	3
LAW 101	Law & Social Change	3
SOC 140	Race and Ethnicity	3

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COURSES IN THIS OPTION

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LIBERAL ARTS OPTIONS

MUSIC OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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THE MUSIC OPTION introduces students to the rich field of music, both theory and practice. It helps students develop skills in analysis, composition and ear training. Students learn about music history and music in world cultures. They develop listening skills by recognizing different ensembles and groups of instruments including the human voice.

Students engage with known faculty musicologists and performers. They may participate in the College's dynamic programming of the Hostos Center for the Arts & Culture featuring musicians from diverse backgrounds and styles. Field trips to concerts at Carnegie Hall and/or Lincoln Center provide students the opportunity to learn first-hand what it means to work in the 21st century world music industry.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication writing skills, and the ability to synthesize content in meaningful ways.
- Develop music appreciation and music theory skills.
- Gain exposure to professional opportunities in the music field and the skills base needed.

CAREER LANDSCAPE

This Option prepares students to pursue a Bachelor's degree in Music in any CUNY senior college. Career opportunities have exploded in various fields of music and performing arts such as arts administration, music teaching, and sound production management.

“Music is
life itself.”

— Louis Armstrong

The Music Option requires students to successfully complete at least 9 credits. In addition to any courses taken as part of the Common or Flexible Core, students must take at least 9 additional credits from the offerings below:

Courses in the Music Option		Credits
I. Linguistic Foundation Complete 1 Course		
VPA 141	Music Appreciation (CE)	3
VPA 151	Fundamentals of Music Theory at the Piano I	3
VPA 152	Fundamentals of Music Theory at the Piano II	3
VPA 153	Music Theory	3
DM 103	History of Electronic Music	3
DM 106	Introduction to Recording Techniques	3
VPA 161	Chorus	1
BLS 161	The Hip Hop Worldview	3
ENG 242	Writing about Music	3

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COURSES IN THIS OPTION

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LIBERAL ARTS OPTIONS

THEATER OPTION

WELCOME TO THE LIBERAL ARTS OPTIONS!

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THE THEATER OPTION introduces students to the skills and knowledge necessary to begin a career working and performing in theatre. Recognizing that theatre is a combination of different arts, from writing and designing to performing and directing, this Option provides a well-grounded introduction to the components that make theater such an exciting and creative art form. Experiential learning opportunities provided by a partnership with the Hostos Center for the Arts & Culture, allow students to observe and work with top theater and entertainment professionals in the creation of new work. Field trips to Broadway and Off-Broadway plays are part of course offerings. In the past, students have performed at the International Collegiate Theater Festival in Edinburgh's Fringe and the Kennedy Center American College Theater Festival, Region 1.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Gain confidence in speaking to audiences for actors and non-actors alike.
- Learn collaborative skills and knowledge and insights that allow for engagement in our world, reflection and activism.

CAREER LANDSCAPE

This Option provides a foundation for careers in theater, including working on fully-produced plays and appreciating the artistic aspects of theater. Students pursuing a Bachelor's degree in Theater can easily transfer to Lehman College or any other CUNY senior college.

“The theater is so endlessly fascinating because it's so accidental. It's so much like life.”

—Arthur Miller

The Theater Education Option requires students to successfully complete 3 courses. In addition to any courses taken as part of the Common or Flexible Core, students must take 3 additional courses from the offerings below:

Courses in the Theater Option		Credits
I. Courses in this Option Complete 3 Courses		
VPA 171	Introduction to Theater	3
VPA 172	Play and Performance Analysis	3
VPA 181	Acting I (CE)	3
VPA 182	Movement for the Actor I: Theory and Practice	3
VPA 193	Voice & Diction	3
VPA 281	Acting II	3
VPA 282	Movement for the Actor II	3

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COURSES IN THIS OPTION

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Hostos Community
College



Language & Cognition Department

LIBERAL ARTS OPTIONS

Language, Society and
Culture

LIBERAL ARTS OPTIONS

LINGUISTICS OPTION: LANGUAGE, SOCIETY & CULTURE

WELCOME TO THE LIBERAL ARTS OPTIONS!

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THE LINGUISTICS OPTION, LANGUAGE, SOCIETY AND CULTURE, introduces students to the multi-disciplinary field of linguistics. Linguists study all aspects of language (sounds, word forms, meanings, sentences, and grammar) and how these are used for successful communication and academic development. This study of language and communication draws upon knowledge from psychology, education, sociology, political science, anthropology, history, computer science, artificial intelligence, and media studies. The Option examines introductory linguistics concepts; bilingualism; language acquisition; the interplay of language, society and culture; and the role of language and identity across disciplines. It explores the relationship of language to social and historical events and develops an appreciation for the multi-cultural and international variations in speech and communication.

TOP ACADEMIC SKILLS

- Develop information literacy, oral and written communication skills, and the ability to synthesize content in meaningful ways.
- Recognizing how specific details of communication affect personal and social interactions.
- Relate academic content to their own use of language.

“Language is a roadmap of a culture. It tells you where its people come from and where they are going.”

—Rita Mae Brown

CAREER LANDSCAPE

This Option prepares students for majors in education, ESL, speech pathology, and library/information science and careers in health, business, law, criminal justice, social work, computer science, government, advertising, and the media. It aids employment in the health professions, para-professions, and the military for students with an A.A. degree.

The Linguistic Option requires students to successfully complete 4 courses. Students will choose 3 of the Linguistics Courses. Students must also take one of the recommended electives credits.

Courses in the Linguistic Option		Credits
I. Linguistic Foundation Complete 1 Course		
LIN 100	Introduction to Linguistics	3 WI
LIN 102	Bilingualism	3 WI
LIN 103	Language Acquisition	3 WI
ENG 230	Language, Culture, & Society	3 WI
II. Recommended Electives Complete 1 Course		
LAW 101	Law and Social Change	3
ANTH 101	Introduction to Anthropology	3
SOC 101	Introduction to Sociology	3
SOC 140	Race and Ethnicity	3
PSY 120	Developmental Psychology I (Childhood)	3
HLT 212	Bilingual Issues in Community Health	3

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COURSES IN THIS OPTION

A full list of course descriptions can be found on the concentration page at: <https://bit.ly/3mEHvzL> or scan QR code below:



YOUR CAREER LANDSCAPE

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